Chores by age

What kids can do, from 2 to 14

KUDOZ

Ages 2-3

- ★ Put toys in a basket
- ★ Dirty clothes in the hamper
- ★ Put books back on the shelf
- ★ Wipe up small spills
- ★ Help feed the pet
- ★ Carry their cup to the counter

Ages 4-5

- ★ Pull up the covers on their bed
- ★ Set napkins and spoons
- ★ Clear their own plate
- ★ Water plants
- ★ Match socks
- ★ Dust low shelves
- ★ Put shoes away

Ages 6-7

- ★ Make their bed
- ★ Set and clear the table
- ★ Pack their school bag
- ★ Put clean clothes away
- ★ Empty small wastebaskets
- ★ Sweep a small area
- ★ Bring in the mail

Ages 8-9

- ★ Vacuum a room
- ★ Load the dishwasher
- ★ Make their own snack
- ★ Walk the dog
- ★ Put away groceries
- ★ Fold and put away laundry
- ★ Help make dinner

Ages 10-11

- ★ Unload the dishwasher
- ★ Take out trash and recycling
- ★ Clean the bathroom sink
- ★ Change their bedsheets
- ★ Make a simple breakfast
- ★ Start a load of laundry

Ages 12-13

- ★ Do their laundry start to finish
- ★ Clean the kitchen after a meal
- ★ Clean the bathroom
- ★ Wash the car
- ★ Cook a simple meal (adult nearby)
- ★ Help with younger siblings

Ages 14+

- ★ Plan and cook a family meal
- ★ Mow the lawn, rake, weed
- ★ Vacuum all shared spaces
- ★ Grocery run with a list
- ★ Deep-clean the kitchen
- ★ Manage their own schedule

Each age can also do the chores of the ages before. Start with two or three, show how, then let them own it.