Our screen rules

We agreed on these together

KUDOZ

Before screens

- [ ] Homework done
- [ ] My chores done
- [ ] Outside or active play first

No screens

- [ ] At the table
- [ ] In my bedroom at night
- [ ] In the hour before bed

When time is up

- [ ] Turn off when the timer rings
- [ ] No arguing, or less time tomorrow
- [ ] Devices charge outside my room